COURSE OUTLINE

Online course 8 contact hours total/ 0.8 CEU's

Duration (in minutes)

TIME	TOPIC
24:15	Introduction to Chronic low Back Pain
16:55	Introduction to Recurrent Low Back Pain
4:46	Introduction to Acute Low Back Pain
18:15	Pathoanatomy- Injury Phase
20:28	Pathoanatomy-Instability Phase
17:28	Pathoanatomy-Lumbo stenosis phase
25:14	Surface Anatomy
28:00	Clinical Examination History
12:27	Basic Clinical Examination
12:49	Clinical Examination Extra test
31:34	Examination Interpretation
23:45	Pathology
41:14	Management-Manual Therapy
35:51	Management - Lumbar Traction
33:19	Management - Disc Health and Hydration
19:51	Management - Motor control
24:44	Management - Neural mobilization
32:41	Management - Putting it all together
10:42	Pathology - Sacroiliac Joint-
24:16	Examination - Sacroiliac joint
11:39	Management - Sacroiliac joint mobilization
12:15	Management - Sacroiliac joint motor control
Assessment: at the end of the course the participant must answer a quiz.	