RECOGNIZING AND UNDERSTANDING PERSISTENT PAIN: ALL PAIN IS NOT EQUAL

COURSE OUTLINE

Online course 1.6 Contact Hours/ CEU's 0.16

Duration (in minutes)

TIME	TOPIC
10:00	Introduction
5:00	Case Study
3:00	What is Pain
2:00	States of Tissue Healing
10:00	Acute vs Persistent Pain/ Significant Economic Burden
20:00	Why Things hurt? Acute Pain Mechanisms
10:00	Neurotag/ Pain Neuro Matrix/ Pain Perception Needs Context
10:00	Neurotransmitters and cortical reorganizations/ tactile discrimination
15:00	Contributing/ Risk factors/ Biopsychosocial aspects/ Screening Tools
5:00	A Mechanism Base Approach: why do we care?
5:00	Clinical Sensory testing
4:00	Key takeaways and questions
Assessment: The lecture module is followed by 5 assessment questions. The last assessment question is followed by a Course Evaluation Survey	